# Statistiek Atletiek Helden

# Gevestigde, verbroken en geëvenaarde clubrecords 1 september 2017 t/m 1 oktober 2018

**Meisjes junioren A**  
Speerwerpen ~~28.56~~ ~~Silke van Nieuwenhoven~~ ~~Helmond~~ ~~21-05-17~~

**30.96 Silke van Nieuwenhoven Veldhoven 06-04-18**  
Kogelstoten ~~8.26 m~~ ~~Judith Verlaek~~ ~~Weert~~ ~~27-06-17~~

**9,12 m Silke van Nieuwenhoven Veldhoven 06-04-18**100mH **21.71 Judith Verlaek Veldhoven 06-04-18**Hoogspringen **1.30 Silke van Nieuwenhoven Helmond 08-05-18  
  
Vrouwen 45+**  
15 km ~~1:14:26~~ ~~Marion Nijsen~~ ~~Nijmegen~~ ~~16-11-08~~  
 ~~1:10.52~~  ~~Judith de Bruin~~  ~~Venlo~~ ~~12-03-17~~ **1:08.33 Tanja Wanten Nijmegen 19-11-17**½ marathon ~~1:55:09~~ ~~Marion Nijssen~~ ~~Eindhoven~~ ~~13-10-07~~  
 **1:38.14 Judith de Bruin Ell 26-11-17  
  
Jongens pupillen C**  
40 m horden –AC ~~9,2~~  ~~Stan Willemsen~~ ~~Roermond~~ ~~21-05-17~~  
 **8,4 Stan Willemsen Gemert 13-01-18**Hurkhoogs. –AC ~~0,70 m~~ ~~Stan Willemsen~~ ~~Roermond~~ ~~21-05-17~~  
 0,80 m Stan Willemsen Gemert 13-01-18 **0,80 m Stan Willemsen Roermond 03-03-18**  
  
**Jongens pupillen B**  
Hurkhoogs. –AC ~~0,65 m~~ ~~Mathijs Ottemheim~~ ~~Roermond~~ ~~21-05-17~~  
 **0,85 m Yon Peeters Roermond 03-03-18**

**Jongens pupillen A**60 m horden –AC ~~10,6~~ ~~Finn Janssen~~  ~~Venray~~  ~~02-07-17~~  
 10,3 Simon Goossens Someren 22-04-18  
 **10,1 Simon Goossens Helmond 03-06-18**  
Hoogspringen (AC) ~~1,25~~  ~~Guus Heijnen~~  ~~Roermond~~  ~~27-02-10~~ ~~1,25 m~~ ~~Thomas van Schaick~~ ~~Best~~ ~~19-06-05~~  
 **1.35 m Simon Goossens Someren 22-04-18**  
Verspringen (AC) ~~3,80 m~~ ~~Guus Heijnen~~ ~~Venlo~~ ~~11-04-10~~

**3,90m Simon Goossens Dortmund 18-03-18**  
  
**Jongens Junioren D**  
60 m H. (indoor) ~~12,94~~ ~~Michel v.d. Velden~~ ~~Dusseldorf~~ ~~03-02-01~~

**12,91 Finn Janssen Sittard 17-12-17**

**Jongens Junioren C**  
60 m (indoor) ~~8,4~~2 ~~Robin Titulear~~ ~~Dusseldorf~~ ~~10-03-12~~  
 8,21 Milan Sonnemans Sittard 17-12-18 **8,08 Milan Sonnemans Dortmund 18-03-18**100 m ~~13,03~~ ~~Robin Titulear~~ ~~Valkenswaard~~ ~~10-06-12~~

12.41 Milan Sonnemans Helmond 08-05-18  
 12.31 Milan Sonnemans Roermond 06-07-18  
 12.14 Milan Sonnemans Venray 09-09-18  
 **12.09 Milan Sonnemans Venray 09-09-18**  
150 m 18.55 Milan Sonnemans Someren 31-05-18  
 18:33 Milan Sonnemans Venray 03-07-18  
  **18.31 Milan Sonnemans Roermond 06-07-18**

**Jongens junioren B**  
Kogelstoten ~~9,18 m~~ ~~Rik Heijnen~~ ~~Kerkrade~~ ~~17-06-07~~

**9,93m Tom van de Pasch Dortmund 18-03-18**Verspringen ~~5,38 m~~ ~~Johan Hermans~~ ~~Kerkrade~~  ~~30-05-99~~  
  **5.43 m Arjen Kassteen Best 01-09-18**  
  
**Mannen Senioren**  
3000 m ~~8:48,66~~ ~~Leon van Ravenstein~~ ~~Vught~~ ~~10-05-00~~  
 **8:43.67 Rik Heijnen Vught 10-05-18**  
Kogelstoten ~~8.29~~  ~~Marcel Cuppen~~  ~~Panningen~~  ~~27-09-98~~  
  **8.30 Rik Heijnen Helmond 08-05-18**  
  
**Mannen 40+**1500 m~~5:12,03~~ ~~Guus Wokke~~ ~~Dortmund~~ ~~21-01-96~~ **4:31.91 Ron Koster Gouda 01-06-18**  
½ marathon ~~1:18:20~~ ~~Henk Janssen~~ ~~Weert~~ ~~24-03-02~~  
 **1.16.27 Ron Koster Venlo 25-03-18**  
  
**Mannen 60+**2000m Steeple **8:50.64 Nico Verstraten Gouda 01-06-18**  
½ marathon *~~1:43:35~~ ~~Wiel van Lier~~  ~~Venlo~~ ~~26-03-17~~* **1:33.37 Wiel van Lier Ell 26-11-17  
  
Mannen 65+**15 km ~~1:12.21~~  ~~Ton Teuwsen~~  ~~Nijmegen~~   ~~21-11-13~~  
 **1:11.01 Wim Ebisch Boekel 15-09-18** ½ marathon ~~1:43.15~~ ~~Ton Teuwsen~~ ~~Weeze~~ ~~12-05-13~~  
 **1:40.59 Wim Ebisch Venlo 25-03-18**  
**Mannen 70+**15 km **1:20.38 Ton Teuwsen Nijmegen 19-11-17**